

# SOOTHEX®

## DESCRIPTION

**SOOTHEX** is the trade name of a natural Alcohol-Free cough syrup natural containing extracts of Eucalyptus globulus and Ginger.

## COMPOSITION

Each 5ml of **SOOTHEX** syrup contains:

- Eucalyptus globulus extract 0.50 ml
- Ginger extract 0.25 ml
- Glycerin
- Honey
- Lemon syrup
- Sucrose syrup Q.S

## CLINICAL PHARMACOLOGY

**SOOTHEX** syrup is a cough syrup specially developed as a soother for throat soreness, antiseptic, diaphoretic, wetting agent and mild expectorant in colds and voice hoarseness.

- Eucalyptus species, including globulus, have been shown to possess antibacterial activity against both Gram positive and Gram negative organisms. Eucalyptus globulus has antiseptic and expectorant properties, therefore it relieves throat soreness and cough during colds.

-Ginger inhibits the synthesis of certain prostaglandins which may explain its anti-inflammatory effect. It also proliferates sweating and may help reduce fever in influenza, acts as an expectorant in bronchitis and for loss of voice and hoarseness.

-The honey and lemon syrup form an excellent mixture to provide a soothing and wetting effect which relieves dryness of throat.

## INDICATIONS

- **SootheX** syrup helps in the symptomatic relief of cold symptoms such as cough, dry and sore throats, loss of voice and hoarseness.

- **SootheX** syrup also helps in bronchitis.

## DOSAGE

### Usual adult dose:

10-15ml (2-3 teaspoonful) of **SOOTHEX** syrup, 3-4 times daily.

### Usual child dose:

5ml (1 teaspoonful) of **SOOTHEX** syrup, 3-4 times daily.

## ADVERSE EFFECTS

-Ginger has been reported to possess cardiotoxic and antiplatelet activities.

-Ginger has been reported to possess a hypoglycemic activity.

-Ginger is reputed to be an abortifacient in amounts

exceeding those used in food.

-Ginger may also affect blood pressure (initially decrease then increase).

## USE IN PREGNANCY AND LACTATION

Excessive doses of **SOOTHEX** Syrup should not be taken during pregnancy and lactation.

## DRUG INTERACTIONS

Eucalyptus globulus may interfere with hypoglycemic therapy. Excessive doses of **SOOTHEX** syrup may interfere with existing cardiac, hypoglycemic or anticoagulant therapy.

## CONTRAINDICATIONS:

**SOOTHEX** syrup is not recommended in newborn or premature infants.

## OVERDOSE

Not documented.

## HOW SUPPLIED

Bottles of 100 ml **SOOTHEX** alcohol-free syrup.

## STORAGE CONDITIONS

-Store between 15-30 °C protected from light.

-Keep out of reach of children.

Note: Shake well before use.

### This is a medicament

- A medicament is a product which affects your health and consumption contrary to instructions is dangerous for you.
- Follow strictly the doctor's prescription, the method of use and the instruction of the pharmacist who dispensed the medicament.
- The doctor and the pharmacist are experts in medicine.
- Do not by yourself interrupt the period of treatment prescribed for you.
- Do not repeat the same prescription without consulting your doctor.
- Keep medicaments out of the reach of children.

COUNCIL OF ARAB HEALTH MINISTERS  
UNION OF ARAB PHARMACISTS

Prescribing Information Available Upon Request.



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